IHRM Academy

STRENGTH IN ADVERSITY

Elevate Your Strengths. Break Through Your Limits.

29 December 2026
9:30am – 5:30pm
CPD Hours: 7

Cantonese

HKIHRM

Member HK$2,600
New Member HK$3,845

When business conditions are difficult, true leadership is tested.

This practical workshop is designed to help you and your team stay strong, discover your hidden potential, and break through limitations. It combines the real-life experiences of Hong Kong cycling legend Wong Kam-po with the practical leadership coaching of Dr. Chester Tsang. Together, they provide a clear roadmap for turning challenges into opportunities for growth.

ARE YOU FACING THESE PROBLEMS?

- How to motivate the team during difficult times?
- How to stay strong and focused when facing heavy pressure?
- How to unleash team's full potential?
- How to overcome obstacles and achieve success?

IF THESE PROBLEMS SOUND FAMILIAR, THIS WORKSHOP IS FOR YOU.

PROGRAM OBJECTIVES

- **Master Adversity:** Stay calm, strong, and focused when times are tough.
- **Elevate Strengths:** Identify and develop the hidden strengths within yourself and your team members.
- **Break Through Limits:** Push past obstacles and achieve new levels of success together.
- **Lead with Confidence:** Build a supportive team culture where everyone helps each other grow.

KEY TAKEAWAYS

- A practical guide to stay strong and lead well during tough market times
- A clear plan to identify and elevate the strengths of your team members
- Lessons on overcoming challenges and breaking through limits
- Leadership coaching tools from a certified ICF (PCC) coach
- Actionable strategies to boost team morale during difficult periods
- A personal action plan to inspire a "never give up" mindset



Dr Chester Tsang

- ICF Professional Certified Coach (PCC)
- 30+ years leadership experience
- ATD BEST Award (1st Asia, 2nd Worldwide)
- Co-author, "My Dear, Be a Happy Leader."



Mr Wong Kam-po

- 3-time Asian Games Gold Medalist & 2007 World Champion
- Holder of the Silver Bauhinia Star and Medal of Honour
- Expert in overcoming adversity.

Enrol NOW

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