

LEADING ABOVE THE LINE LEAD WITH CALM, CLARITY, AND CHOICE

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18 March 2026 (Wednesday)
9:30am - 5:30pm
CPD Hours: 7



Member
HK\$2,400

New member
HK\$3,645

In a world of constant change and pressure, stress can trigger automatic reactions that undermine your leadership. This transformative one-day workshop is built on the research-backed Leadership Development Model from the Global Leadership Foundation™, combined with ancient mindfulness wisdom, to build the emotional health needed to lead from purpose, not pressure

KEY TAKEAWAY

- ✓ **Thrive Under Pressure:** Build emotional stability for peak performance
- ✓ **Lead with Flexibility:** Leverage your strengths and avoid their hidden pitfalls
- ✓ **Master Your Triggers:** Learn to respond with wisdom, not react from stress
- ✓ **Elevate Your EQ:** Use mindfulness to stay centered and effective

HIGHLIGHTS

- **DECODE Your Leadership DNA:**
Uncover your signature traits using the Global Leadership Framework
- **MASTER The Leader's Mind:**
Develop heightened awareness and emotional stability needed for modern leader
- **TAME Your Triggers:**
Gain tools to pause, process, and choose your response
- **CULTIVATE A Mindful Edge:**
Apply Buddhist Shamatha practices for a Calm, Open, and Wise Mind

Speaker **Kelvin NG**

- 30+ years of cross-industry experience in leadership & organisational development
- 10+ years of experience in mindfulness practice
- Certified Trainer, ATD, Global Leadership Foundation™, ENS International, MBTI, Hogan
- Master Degree in HRM & Training (Leicester University)

Speaker **Iris FU**

- 15+ years of cross-field experience in business management, consulting, and Buddhist counselling
- Trainer, Centre for Buddhist Counselling and Meditation Guidance (HKU)
- Certified Coach, Erickson Professional Coach Certification
- Master of Buddhist Counselling (University of Hong Kong)



HKIHRM, Units 1810-15, 18/F, Millennium City 2,
378 Kwun Tong Road, Kwun Tong, Kowloon
3-minute walk from Ngau Tau Kok MTR station exit A)



Cantonese and Mandarin



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